

SUKEE

PRINT PACK >>> L

5 P P L

Harohalli, Bangalore

Date

05-12-2022

Client Name

MTR

Job Name

22-00143-008_Mtr_Mtr_Usa_Dma_Car-Car_300g_AW_2CTC

Size

150x20x190

No of col.

CYANMAGENTAYELLOWBLACK

14 mm

150 mm

20 mm

150 mm

20 mm

18 mm

190 mm

226 mm

1 mm

4.8 mm

354 mm

NO ADDED PRESERVATIVES

MTR

PURE AND PERFECT SINCE 1924

MINUTE MEALS

Dal Makhani

Black Lentil Curry

Curry de lentilles noires crémeux

SERVES 2

MTR Tip

Serve with Naan, Roti, Chapati, Paratha or Rice

Heating instructions

Microwave

Heat contents of pouch in microwave safe bowl for 1-2 minutes.

Serve hot!

Pour micro onde

Chauffez le contenu du sachet dans un bol allant au micro-ondes pendant 1 à 2 minutes.

Servez chaud!

OR

Stove

Heat contents in a container on medium flame for about 2 minutes while stirring.

Serve hot!

OU

Pour Cuisinière

Chauffer le contenu dans un récipient à feu moyen pendant environ 2 minutes en remuant.

Servez chaud!

OR

Boiling Water

Immerse unopened inner pouch in boiling water for about 5 minutes.

Serve hot!

OU

Eau bouillante

Immergez le sac non ouverte dans de l'eau bouillante pendant environ 5 minutes.

Servez chaud!

Note: This product is ready-to-eat and can be consumed straight from the pack or warmed up.

Remarque: Ce produit est prêt à être consommé et peut être consommé directement du paquet ou avant expiration.

Remember/Rappel:

• Store in a cool, dry & hygienic place • Do not use if the inner pouch is leaking or bloated • Once opened consume completely.

• Conservez dans un lieu frais & sec • N'utilisez pas si le sac interne présente une fuite ou est ballonné • Une fois ouvert, consommez entièrement.

Also Try: Dal Fry, Paneer Butter Masala and Veg Pulao

Nutrition Facts

2 Servings per Pouch

Serving size

1/2 Pouch (150g)

Calories

130

260

Total Fat

8g

10%

16g

20%

Saturated Fat

4g

20%

8g

40%

Trans Fat

0.5g

1g

Cholesterol

20mg

7%

40mg

14%

Sodium

350mg

15%

700mg

30%

Total Carb.

10g

4%

20g

8%

Dietary Fiber

5g

18%

10g

36%

Total Sugars

Less than 1g

Less than 1g

Incl. Added Sugars

Less than 1g

2%

Protein

5g

10g

Vitamin D

5.6mcg

28%

11.2mcg

56%

Calcium

20mg

2%

40mg

4%

Iron

1.3mg

7%

2.6mg

14%

Potassium

280mg

6%

560mg

12%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

NET WEIGHT / Poids de Net 10.58 OZ (300g) e

Manufactured & Packed by: MTR FOODS PVT. LTD.

#80, Bommasandra Indl. Area, Hebbagodi, Anekal Taluk, Bengaluru-560 099, Karnataka, India.

fssai

Lic. No. 10012043000145

Ingredients: Water, Black gram (12%), Butter (5.5%), Tomato paste, Rajmah (1.4%), Garlic cuts & paste, Ginger cuts & paste, Sunflower oil, Salt, Dairy cream, Spices, Coriander leaves, Green chilli, Sugar and Dried fenugreek leaves.

Contains Milk.

May contains Peanuts, Mustard, Sesame, Tree nuts (Cashew nuts) and Soy.

For Export: 1.4mm

Product of India.

Produit de l'Inde

Feedback and Queries:

Email us at feedback@mtrfoods.com

Visit us at www.mtrfoods.com

2mm

2mm

8

40965 00081

9

Coding Area

93mm x 22mm

Dal Makhani

Black Lentil Curry

READY TO EAT

HEAT & EAT

MTR

PURE AND PERFECT SINCE 1924

NO ADDED PRESERVATIVES

MILD

SUITABLE FOR VEGETARIANS

MINUTE MEALS

Dal Makhani

Black Lentil Curry

Curry de lentilles noires crémeux

Advanced Heat Technology

locks flavour without added preservatives.

Images for illustration

Serving Suggestion

NET WEIGHT / Poids de Net 10.58 OZ (300g) e

PRODUCT OF INDIA

Produit de l'Inde

Dal Makhani

Black Lentil Curry

READY TO EAT

HEAT & EAT

MTR

PURE AND PERFECT SINCE 1924

BARCODE MAGNIFICATION 100% & BWR 0 MICRON

EMBOSS